

**Focus Area** **5 Title** Diabetes

**Goal** Through prevention programs, reduce the disease and economic burden of diabetes, and improve the quality of life for all persons who have or are at risk for diabetes.

<i>Obj Num</i>	<i>Category</i>	<i>Objective</i>	<i>2010 US Target</i>	<i>Pop Cat</i>	<i>Population Description</i>	<i>Lead Agency</i>	<i>Level of Interest</i>	<i>Type of Interest</i>	<i>Modified</i>	<i>Data Source</i>	<i>UT Baseline</i>	<i>UT Target</i>	<i>UT Target Selection</i>
05.01		Diabetes education (age adjusted, ages 18 years and older)	0.6	main		CFHS (DCP)	D/P	S & I	N	BRFSS; DM Survey	0.16	0.35	US Target
05.02		New cases of diabetes (age adjusted per 1,000 standard population)	2.5	main		CFHS (DCP)		NS		Estimated using UHSS 01 and 96??			
05.03		Prevalence of diagnosed diabetes (age adjusted per 1,000 standard population)	25	main		CFHS (DCP)	D/P	S & I	N	UHSS	0.029	0.025	US Target
05.04		Proportion of persons with diabetes (adults aged 20 years and older)	0.8	main		CFHS (DCP)		NS					
05.05		Diabetes-related deaths (age adjusted per 100,000 standard population)	45	main		CFHS (DCP)		NS		Death Cert	73.7	45	US Target
05.06		Diabetes-related deaths among persons with diabetes (age adjusted per 1,000 standard population)	7.8	main		CFHS (DCP)	D/P	S & I	N	Death Cert	8.3/1000	7.8/1000	US Target
05.07		Cardiovascular disease deaths among persons with diabetes (age adjusted per 100,000 standard population)	309	main		CFHS (DCP)	D/P	S & I	N	Death Cert	223/100K (Wt = 9)	201/100K	10% reduction
05.08		Gestational diabetes - Pregnant women	DNC	main		CFHS (DCP)	D/P	NS		Birth Cert	0.021	0.019	10% reduction
05.09		Foot ulcers - Persons with diabetes	DNC	main		CFHS (DCP)		NS					
05.10		Lower extremity amputations - Persons with diabetes (per 1,000 population)	1.8	main		CFHS (DCP)	D/P	S & I	N	HDD/ADD	3.9/1000	3.0/1000	Expert
05.11		Annual urinary microalbumin measurement - Persons with diabetes	DNC	main		CFHS (DCP)	D/P	S & I	N	HEDIS	0.31	0.5	Expert
05.12		Annual glycosylated hemoglobin measurement - Persons with diabetes - Mean data from 39 States (age adjusted, ages 18 years and older)	0.5	main		CFHS (DCP)	D/P	S & I	N	BRFSS/ UWD	0.53	0.75	Expert
05.12		Annual glycosylated hemoglobin measurement - Persons with diabetes - Mean data from 39 States (age adjusted, ages 18 years and older)	0.5	sub1	Annual glycosylated hemoglobin -Hispanic Utahns	DCP	D/P	S & I	N	Hisp Srvy	TBD	TBD	

05.13	Annual dilated eye examinations - Persons with diabetes (age adjusted, ages 18 years and older)	0.75	main		CFHS (DCP)	D/P	S & I	N	BRFSS/ UWD (also HEDIS)	0.71	0.75	
05.13	Annual dilated eye examinations - Persons with diabetes (age adjusted, ages 18 years and older)	0.75	sub1	Annual dilated eye examinations - A.I. Utahns	DCP	D/P	S & I	N	BRFSS	0.87	0.96	Expert
05.13	Annual dilated eye examinations - Persons with diabetes (age adjusted, ages 18 years and older)	0.75	sub2	Annual dialted eye exams - Hispanic Utahns	DCP	D/P	S & I	N	Hisp. Srvy	0.64	0.7	Expert
05.14	Annual foot examinations - Persons with diabetes Mean data from 39 states (age adjusted, ages 18 years and older)	0.75	main		CFHS (DCP)	D/P	S & I	N	UWD	0.56	0.75	US Target
05.14	Annual foot examinations - Persons with diabetes Mean data from 39 states (age adjusted, ages 18 years and older)	0.75	sub1	Annual foot examinations - A.I. Utahns	DCP	D/P	S & I	N	BRFSS	0.85	0.94	Expert
05.14	Annual foot examinations - Persons with diabetes Mean data from 39 states (age adjusted, ages 18 years and older)	0.75	sub2	Annual foot examinations - Hispanic Utahns	DCP	D/P	S & I	N	Hisp. Srvy	0.76	0.84	Expert
05.15	Annual dental examinations - Persons with diabetes (age adjusted, ages 2 years and older)	0.75	main		CFHS (DCP)	D/P	S & I	N	18+ BRFSS/ UWD			
05.16	Aspirin therapy - Persons with diabetes - At least 15 times per month (age adjusted, ages 40 years and older)	0.3	main		CFHS (DCP)		NS		BRFSS/ UWD	TBD	TBD	TBD
05.17	Self-blood-glucose-monitoring - Persons with diabetes - At least once daily - Mean data from 39 states (age adjusted, ages 18 years and older)	0.6	main		CFHS (DCP)	D/P	S & I	N	BRFSS/ UWD	0.72	0.9	Expert